

Young women may avoid much sickness and pain, says Miss Alma Pratt, if they will only have faith in the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM: - I feel it my duty to tell all young women how much Lydia E. Pinkham's wonderful Vegetable Compound has done for me. I was completely run down, unable to attend school, and did not care for any kind of society, but now I feel like a new person, and have gained seven pounds of flesh in three months.

"I recommend it to all young women who suffer from female weakness." — Miss Alma Pratt, Holly, Mich.

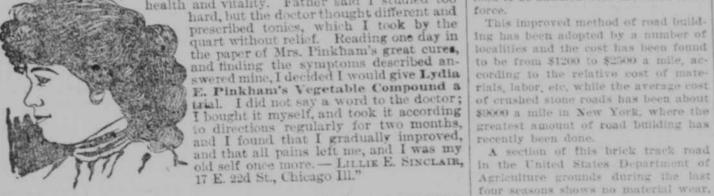
FREE MEDICAL ADVICE TO YOUNG GIRLS.

All young girls at this period of life are earnestly invited to write Mrs. Pinkham for advice; she has guided in a motherly way hundreds of young women; her advice is freely and cheerfully given, and her address is Lynn, Mass.

Judging from the letters she is receiving from so many young girls Mrs. Pinkham believes that our girls are often pushed altogether too near the limit of their endurance nowadays in our public schools and seminaries. Nothing is allowed to interfere with studies, the girl must be pushed to the front and graduated with honor; often physical collapse follows, and it takes years to recover the lost vitality,—often it is never recovered.

A Young Chicago Girl Saved from Despair.

"DEAR MRS. PINKHAM: - I wish to thank you for the help and benefit I have received through the use of Lydia E. Pinkham's Vegetable Compound and Liver Pills. When I was about seventeen years old I suddenly seemed to lose my usual good health and vitality. Father said I studied too hard, but the doctor thought different and



Lydia E. Pinkham's Vegetable Compound is the one sure remedy to be relied upon at this important period in a young girl's life; with it she can go through with courage and safety the work she must accomplish, and fortify her physical well being so that her future life may be insured against sickness and suffering.

\$5000 FORFEIT if we cannot forthwith produce the original lotters and signatures of Lydia E. Pintchum Medicine Co., Lyun, Mass.

Advertising a Town.

There is more Cataurh in this section of the

country than all other diseases put together, and until the last few years was sufposed to

constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses

any case it fails to cure. Send for circulars

Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

People Must Be Told.

The man who manages to keep out of debt, out of jail and out of politics is a lit-

IamsurePiso's Cure for Consumption saved my life three years ago. -Mrs. Thomas Hon-rins, Maple St., Norwich, N.Y., Feb. 17, 1900,

A chauffeur is a man who runs down po-destrians and runs up repair bills.

tle above the average.

#### John W. Atkinson & Co., RICHMOND, VA.

Paints, Oils, Varnishes, &c. Try Their "Standard" Ready Mixed House Paints.

Having a Pic-nic,

There is something partial, enjoyable about going to a Pic Nic. The very word Pic-Nic brings pleasant anticipations of a good time. The idea of going out to the woods and fields or down by some brook or lake, with luncheon to be served on the grass and under the trees, has a peculiar fascination. The fresh air and exercise contribute to give a hearty appetite to all supplant Dresden china, and paper boxes silver trays, when the "good things to

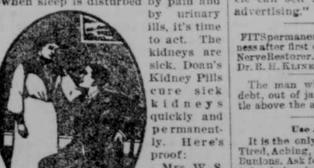
eat" are spread upon the ground.

Pic Nics are never complete without the sandwiches, sweet white bread with a generous layer of meat between. Libby's canned meats are ideal for Pic-Nics and outings. The cans are so easily opened and the contents so fresh and palatable Co., Toledo, O. that no Pic-Nic is a success without that no Pic-Nic is a success without Libby's "Natural Flavor" Food Products.

It takes a fast man to beat a board So. 23.

TIME TO ACT.

When the back aches and you are always tired out, depressed and nervous | found it must be advertised. No arti-



to act. The kidneys are sick. Doan's Kidney Pills cure sick kidneys quickly and

permanent-It is the only cure for Swollen, Smarting, Tired, Aching, Hot, Sweating Feet, Corns and Bunions. Ask for Alien's Foot-Ease, a powder to be shaken into the shoes, Cures while you walk. At all Druggists and Shoe Stores, 25c. Don't accept any substitute. Sample sent Free, Address, Alien S. Olmsted, LeRoy, N. Y. ly. Here's Mrs. W. S. Marshall, R. F. D., No. 1. Dawson,

During courtship a girl is often unable to express her thoughts, but she makes up Ga., says: "My husband's back and hips were so stiff and sore that he for lost time after marriage. could not get up from a chair without Mrs. Winslow's Soothing Syrup forchildren teething, soften the gums, reduces inflammation allays pain, cures wind colic. 25c. abottle help. I got him a box of Doan's Kidney Pills. He felt relief in three days. One box cured him." Give a hungry man something to eat be-fore handing him advice.

A FREE TRIAL of this great kidney medicine which cured Mr. Marshall will be mailed on application to any part of the United States. Address Foster-Milburn Co., Buffalo, N. Y. Sold by all dealers; price 50 cents



HE present general movement for better roads and the prospect of national X aid in road building have NOW greatly stimulated the study of the best methods of road

While to the general public the idea of building permanent roads is to use broken stone after the system first employed by John McAdam, about the year 1785, other methods should be carefully studied in order to build the best and most durable roads at the lowest cost.

It seems a remarkable fact in view of the great improvements in everything connected with modern life, that we are still building our roads the same way they were built over 100 years ago. This resulted from the unlversal introduction of the railroad, which caused the improvement of our common roads to be sadly neglected, as well as advancement in the art of building them.

A great obstacle in the way of building durable roads of crushed stone is found in the lack of suitable stone in most localities where good road stone n found. In New York State, for instance, where road building has been very active in recent years, stone has been shipped over 300 miles in some instances in order to obtain stone of good quality.

The lack of good road material has enused careful study of various methods of road building by experts, with the result that for general use a modification of the old stone wheel track or tramway roads, which have been in constant use for over 100 years without material wear or cost, has been highly commended. The old tramway roads could only be built at reasonable cost in a few localities having suitable stone, but by substituting paving brick for the stone slabs, this superior form of road can be cheaply built in every locality.

In fact, even in the favored localities, where good road stone is abundant, the use of these brick wheel tracks considerably decreases the first cost of roads, while they practically do away with all re air expenses, as well time enable three or four times the load to be handled with the same team

This improved method of road building has been adopted by a number of localities and the cost has been found to be from \$1200 to \$2500 a mile, according to the relative cost of mate-E. Pinkham's Vegetable Compound a rials, labor, etc, while the average cost trial. I did not say a word to the doctor; of crushed stone roads has been about I bought it myself, and took it according \$2000 a mile in New York, where the to directions regularly for two months, greatest amount of road building has

Agriculture grounds during the last and has been uniformly free from dust, mud and ruts during that time, while an adjacent section of crushed stone same time, partly by the washing of

tracks are especially adapted, as by depressing the tracks below the adju-The marvelous growth of Seattle, cent road surface the water is suc-Wash, is credited mainly to newspaper cessfully carried down the hills on publicity. The business men of that them without the use of the objectioncommunity raised a considerable sum able water breaks, besides enabling to be expended for space in Eastern three times the grade to be used withnewspapers, and the returns were out disadvantage.

ployed in penitentiaries in making the be incurable. For a great many years doctors and short term convicts be used in pronounced it a local disease and prescribed making the roads to the moral and contribute to give a hearty appetite to all local remedies, and by constantly falling to and everything at luncheon seems far better than the finest course dinner that a French chef ever served. Wooden dishes of roads should cost but \$800 to \$1200 | will name you prices on the Minnesota, a mile in many localities. This makes an interesting comparison with the from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for cost of \$50000 a mile in New York State and testimonials. Address F. J. CHENEY have been nearly ruined by two or three years of use, while wheel tracks similar to the brick tracks, built of tog machine at any price, if any kind a cost of \$1500 a mile, show very lit- fail to write us at once the sure to cut A writer on advertising says it is the aim of nearly every business concern of constant and heavy traffic.

If convicts were thus employed in to have a special and original feature. "But when such a specialty shall be such penitentiaries as Sing Sing, New York, for instance, where the best of -when sleep is disturbed by pain and cle can sell itself without the aid of brick clays could be delivered at very low cost by boat, and from which the brick, etc., could be cheaply shipped by PITSpermanently cured. No fits or nervous-ness after first day's use of Dr. Kline's Great NerveRestorer. \$2trial bottleand treatise free Dr. R. H. KLINS, Ltd., 331 Arch St., Phila, Pa proposed New York and Chicago road. that road could probably be built for less than one-fifth of the cost of building it of crushed stone, have three times the smoothness and more than ten times the durability of a crushed stone road, and at the same time be nearly dustless and mudless.

Brick made at Sing Sing could also be cheaply delivered at all points in New York State, and also be shipped to all points along Lake Erie by boat, thus enabling the greater part of the proposed New York and Chicago road to be built by this superior system, and at a cost so low as to be insignificant when compared with its substantial and lasting benefits.-Waynesboro (Pa.) Herald.

English Gold Coins.

There were 9,100,000 new gold sovereigns issued in England during 1903, as compared with 4,523,000 in 1902. Half sovereigns issued numbered 1,044,000, : gainst 2,121,000 in 1903,

## DOCTOR ADYOCATED OPERATION ... PE-RU-NA MADE KNIFE UNNECESSARY.

M RS. EVA BARTHO, 133 East 12th St. New York City, N. Y., writes: "I suffered for three years with leucorrhea and ulceration of the womb. The doctor advocated an operation which I dreaded very much, nd strongly objected to go inder it. Now I am a changed woman. Peruna cured me; it took nine bottles, but I felt so much improved I kept taking it, as I dreaded an operation so much. I am today in perfect health and have not felt so well for fifteen years."—Mrs. Eva Bartho.

Mrs. Senator Reach, of Larimore, N. Dak.; Mrs. Senator Warren, of Cheyenne, Wyo.; Belva Lockwood and Mrs. General Longstreet, of Washington, D. C., are among the prominent tadies who indorse Pe-PRING.

Miss Helen Rolot, Kankanna, Wis.,

"Several times during the past two years o rmore my system has been greatly in need of a tonic, and t those imes Peruna has been of great help in building up the system, restoring my appetite and securing restful sleep."—Helen Rolof.

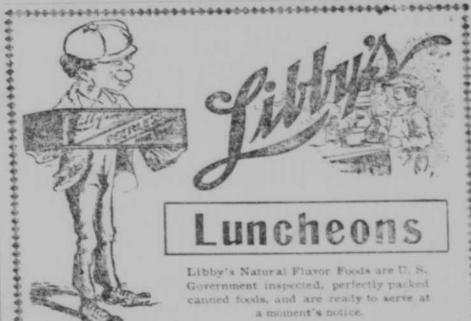
Miss Muriel Armitage, 26 Greenwood Ave., Detroit, Mich., District Organizer of the Royal Templars of Temperance, writes as follows:

"I suffered for five years with uterine irregular ies, which brought on hysteria and made me a physical wreck. I tried doctors from the different school of medicine, but without any perceptible change in my condition. In my despair I called on an Id aurse, who advised me to try Peruna, and promised good results if I would persist and take it regularly. I kept this up for six months, and steadily gained strength and health, and when I had used fifteen bottles I considered myself entirely circed. I am a grateful, happy woman to-day."—Miss Murel Armitage.

Miss Lucy M. Riley, 33 Davenport St., Cheveland, Ohio, writes:

"I wish to add my indersement to thousands of other women who have been cured through the use of Peruna. I suffered for five years with severe backache, and when wearies or worried in the least I had prolonged headache. I am now in Ohio. "I suffered for five years with uterine





Veal Loaf, Vienna Sausage, Him Loaf, Boncless Chicken, Ox Tonques Ask Your Grocer for Them. Are Among the Many Tempting Luncheon Meats.

Send for our beoklet "How to Make Good Things to Eat." Libby, McNeill & Libby, Chicago

BBB BBB B Marie Marie on the State of

# STORE FRONTS

Beautiful, Everlasting be Fronts. We give you all the style of an olegant New York or real moderate cost. Send for Catalogue. SOUTHERN FOUNDRY CO., Owensboro, Kentucky

#### CURES DYSPEPSIA, SICK HEADACHE, BILLIOUSNESS, NERVOUSNESS TYNER'S DYSPEPSIA REMEDY ASTRON REE BOOKLET. Write, Box 138, Atlanta, Ga.

Could You Use Any Kind of a Sewing Machine at Any Price?

Government road officials recom-mend that long term convicts be em-White or New Home Sewing Machine, cut out and return this notice, and you will receive by return mail, postpaid. free of cost the handsomest sewing Standard and New Home sewing mamake you a new and attractive proposition, a sewing machine offer that will

astonish you. If you can make any use of any sewstone, near Albany, N. Y., in 1833, at | of an offer would interest you, don't tle wear in more than seventy years out and return this special notice) and get our latest book, our latest offers, our new and most surprising proposition. Address

SEARS, ROEBUCK & Co., Chicago,

If the average man had his life to live over again he would probably make more mistakes than ever.

The power that comes down is the only one that will lift up.

Dr. Biggers' Huckleherry Cordial The Great Southern Remedy.

Cures all Stomach and Bowel Troubles, such as Chronic Dysentery, Cholera Morbus, Bloody Flux, and also children teething. It seldom falls to make quick and permanent cures of all stomach and bowel diseases. See testimonial of the late

bowel diseases. See testimonial of the late

HENRY W. GRADY.

Dr. Waiter A. Taylor, Atlanta, Ga.

Dear Bir: This is the first certificate that I have ever given as to the merita of any medicine, but I take pleasure in recommending Dr. Biggers' Huckleberry Corolal. I consider it the best remedy that I have ever used in my family for Stomach and Bowel Froubles. 50c invested in a bottle of this medicine to be used in the beginning of any stomach trouble will often save life as well as a large doctor's bill. I have a friend whose life was, in my opinien, saved by the prompt use of Dr. Biggers' Huckleberry Cordial. For sale by all Druggists, 25 and 50c per bottle.

(Signed) HENRY W. GRADY.

Atlanta, Ga., May 23, 1857.

Haltiwanger-Taylor Drug Co., Prop.,

Atlanta, Ga.

Taylor's Cherokee Remedy of Sweet Gum and Mullein will cure Coughs, Croup and Consumption. Price 25c and \$1 a bottle.

Fred C. Witten, 16 Elm St., Newark, N. J.



Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sicken, Weaken or Gripe, No. 25c. Sec. Nevez sold in bulk. The quantum tablet stamped C C C. Guaranteed to cure or your money back. Sterling Remedy Co., Chicago or N.Y. 595

ANNUAL SALE, TEN MILLION BOXES

CURES MALARIA, ELIXIR CHILLS and FEVER.

BABEK "BABEK" is the cidest, surest and best remedy in America for mandles of maintain nature, its a positive cure for MALARIA, CHILLS and FEVER, only 30c, bestles KLOCZEWSKI & CO., Washington, D. C.



PISO S CURE FOR N

# For Skin Tortured Babies and Rest For Tired Mothers



In Warm Baths with



And gentle anointings with CUTICURA Ointment, the great Skin Cure, and purest and sweetest of emollients. It means instant relief and refreshing sleep for tortured, disfigured, itching, and burning babies, and rest for tired, fretted mothers, when all else

### FREE to WOMEN

A Large Trial Box and book of instructions absolutely Free and Postpaid, enough to prove the value of Paxtine Toilet Antiseptic



The formula of a noted Boston physician, and used with great success as a Vaginal Wash, for Leucorrhona, Pelvic Catarrh, Nasal Catarrh, Sore Throat, Sore Eyes, Cuts, and all soreness of mucus membrane.

In local treatment of female ills Paxtine is avaluable. Used as a Vaginal Wash we hallenge the world to produce its equal for thoroughness. It is a revelation in cleaning and healing power; it kills all germs which rance inflamination and discharges.
All leading druggists keep Pauline; price, 50c.
a box; if yours does not, send to us for it. Don's
take a substitute — there is nothing like Pastine.

Write for the Free Rox of l'axtine to-day. R. PAXTON CO., 7 Pope Bidg., Boston, Mass.

Cotton Must Have

Potash is an essential plant food which must be added as a fertilizer



become exhausted, as is true of se many cotton fields We have books

talls about fortills ers. We will some se to any farmer who asks on for them. GERMAN KALI WORKS,





weak even are Thompson's Eye Weter